



What it means to belong to a religion

- *Where do I belong? The Five Ks of Sikhism*
- *How do Christian and Sikh communities welcome new babies?*

Lesson ideas

1. Brainstorm key words for the Sikh and Christian faith (including church & Gurdwara).
 - Using Christian & Sikh symbols design a cover for the years work.
2. Discuss the groups the children belong to - family, school, class, friends, football team, church family etc.
 - Draw concentric 'belonging circles'. How does it feel to be outside a group?
3. Look at examples of emblems, badges, family crests, flags that identify different groups.
 - Look at family trees.
 - Use the Jesse tree painting in 'Assemblies from the Gallery'.
 - Discuss the difference between extended and nuclear families.
 - Design your own family tree.

The family of God

- Ask the children to find out how many people there are in the world today.
 - Create a collage by writing this number in large outlined figures. Fill in the figures with faces of all nationalities, cut from magazines, newspapers or drawn. The children may like to draw themselves and others in their school or family. Add a caption
'The Bible says not one of them is forgotten by God.'
 - Explain that both Christians and Sikhs (and many other religions) believe that all people are important and loved by God and that they try to reflect that in their caring attitude toward others (langar meals, charity work etc.).
 - Visit a charity website such as www.tearfund.org to find out what Christians are doing around the world.
4. Identify the 5 K's and learn about their symbolism
 5. Look at the symbolism behind the Sikh Khanda as well as the dove, the cross and the ICTHUS fish for Christians. Design a banner incorporating one of the symbols. Ask pupils to explain the symbolism in their banner.
 6. Welcoming a new baby into the family.

- Discuss the preparations that need to be made for a new baby. Are there any differences in Sikh or Christian families. In the Sikh tradition a babies name must begin with a letter chosen from the Guru Granth Sahib.
- Find out about infant baptism. What are appropriate promises for new parents to make for a new baby?
- Visit www.request.org.uk for an excellent section on infant baptism, including a video clip.
- For a printable worksheet on infant baptism to use with the Request website click [here](#).

7. Watch the 'Church' episode of BBC's Pathways to Belief video - being welcomed into the Church family.

- Interview a Christian and Sikh visitor to find out what it means to them to be part of the Church/Gurdwara community.
- Find out how religious communities show that they care for other people?

8. Investigate 'adult' baptism - a new beginning.

- Click [here](#) for more information on baptism.
- Read the story of Jesus' baptism as told in the Storyteller Bible page 68. The [Educhurch](#) website now has video clips of 'adult' baptism, both in a church and in the sea. (Please note that 'adult' in this context means someone who is old enough to decide for themselves - the clip of a church baptism from Educhurch shows a young girl being baptised.)
- Look at the painting of Jesus baptism (courtesy of the National Gallery) by Piero della Francesca, in 'Jesus Through Art' with related photocopyable worksheets at the back of the book (available on loan from us).
- The Trust also has copies of the video 'Matthew's Gospel' - the Bible seen as a film - available for loan.